

Any questions?

If you have any questions then please contact us at

Leicester Genetics Centre:

Leicester Royal Infirmary
Leicester LE1 5WW

Telephone: 0116 258 5736

If you would like a written or taped translation of this information please contact the Service Equality Manager on 0116 258 4382.

यदि आप को इस लीफ़्लिट का लिखती या टेप पर अनुवाद चाहिए तो कृपया डैब बेकर, सर्विस ईक्वालिटी मैनेजर से 0116 2584382 पर सम्पर्क कीजिए ।

જો તમને આ પત્રિકાનું લેખિત અથવા ટેપ ઉપર ભાષાંતર જોઈવું હોય તો મહેરબાની કરી ડેબ બેકર, સર્વિસ ઇક્વાલિટી મેનેજરનો 0116 2584382 ઉપર સંપર્ક કરો.

Haddaad rabto warqadan oo turjuman oo ku duuban cajalad ama qoraal ah fadlan la xiriiir, Maamulaha Adeegga Sinaanta 0116 258 4382.

আপনি যদি এই লিফলেটের অনুবাদ - লিখিত বা অডিও টেপ এ চান, তাহলে অনুগ্রহ করে সার্ভিস ইকুয়ালিটি ম্যানেজার ডেব বেকার'এর সাথে 0116 2584382 নাম্বারে যোগাযোগ করুন ।

ਜੇਕਰ ਤੁਹਾਨੂੰ ਇਸ ਲੀਫ਼ਲਿਟ ਦਾ ਲਿਖਤੀ ਜਾਂ ਟੇਪ ਕੀਤਾ ਅਨੁਵਾਦ ਚਾਹੀਦਾ ਹੋਵੇ ਤਾਂ ਕਿਰਪਾ ਕਰਕੇ ਡੈਬ ਬੇਕਰ, ਸਰਵਿਸ ਇਕੁਅਲਿਟੀ ਮੈਨੇਜਰ ਨਾਲ 0116, 2584382 ਤੇ ਸੰਪਰਕ ਕਰੋ ।

اگر آپ کو اس لیفلٹ کا تحریری طور پر یا ٹیپ شدہ ترجمہ درکار ہو تو برائے مہربانی سروس ایکوالٹی مینٹر ڈیب بیکر سے ٹیلیفون نمبر 0116 2584382 پر رابطہ قائم کریں۔

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Genetic counselling: general information

Information for Patients

Your named counsellor is:

What are genetic conditions?

Health problems that run in families are known as genetic or inherited conditions. Not all genetic conditions are passed on in families; sometimes they can happen by chance to one person in the family.

What is genetic counselling?

Genetic counselling is different to other types of counselling. It can give you more information about:

- Inherited and genetic conditions and how they might have happened
- How genetic conditions may affect you and your family
- How likely they are to happen
- Medical care and other help and support
- The choices that you and your family might have

Genetic counselling aims to help you decide what to do and support and respect your decision.

Who is referred for genetic counselling? And why?

People come for genetic counselling for different reasons, which include:

- Anyone who is worried that a condition in the family might be inherited or genetic
- Anyone who is worried about passing on a genetic condition to their children
- Anyone who has a genetic condition themselves for advice about any particular health care and check-up they may need
- Children who are disabled or have a problem with their learning or development
- A strong family history of cancer

Who works in the Clinical Genetics Department?

Clinical Geneticists are doctors who specialise in genetics, diagnose genetic conditions and can give you up-to-date information that is relevant for you

Genetic Nurse / Counsellors are there to support you by helping you to understand genetic information and how it might affect you and your family.

Where is the Clinical Genetics Department?

It is based at Leicester Royal Infirmary but we also hold clinics at Leicester General Hospital and Coalville.

What happens now?

One of the Genetic Nurse Counsellors will either:

- Contact you by telephone
- Arrange to see you at one of our clinics or your home, or
- Send you a questionnaire to fill in with details about your family's health

This is so we can find out more about you and your concerns and to help us answer your questions at subsequent appointments.

You may need two or three appointments with our service.

Confidentiality

The information that you give us is confidential.

We will not share your information with anyone else without your consent or knowledge unless we are concerned that you or someone else in your family is at risk of serious harm.