

**EVERY WEEK
12 YOUNG PEOPLE DIE
FROM UNDIAGNOSED
HEART PROBLEMS.**





**BUT IT CAN
HAPPEN TO**

ANYONE

ANYWHERE

ANYTIME



**YOU ARE
MORE AT
RISK IF**

**> YOU ARE
INVOLVED
IN SPORT**



**COULD
YOU
BE
AT RISK?**

SUDDEN ARRHYTHMIC DEATH SYNDROME
IN 12-35 YEAR OLDS

DON'T BE ALARMED

SCREENING IS AVAILABLE
and if a problem is detected it
can be monitored and treated

If you have suffered any of the above, it is advisable to visit your GP who may refer you to a Specialist Doctor who deals with Heart Problems for further tests. Alternatively you can take advice from

CRY - Cardiac Risk in the Young on:

Tel: 01737 363222

FOR MORE INFORMATION PLEASE REFER TO
The Joe Humphries Memorial Trust



www.jhmt.org.uk

